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Jan 07, 2007 Perhaps wisdom is a deep and comprehensive kind of rationality (Ryan, 2012). S has a wide variety of justified beliefs on how to live rationally

### **Episode 141 :: shaila catherine :: focused and**

Meditation teacher Shaila Catherine speaks with us about jhana Deep Joy, Calm, and Clarity, and Wisdom Wide and Deep: A Practical Handbook for Mastering Jhana

### **Shaila catherine, pa-auk sayadaw**

Shaila Catherine, Pa-Auk Sayadaw Wisdom Wide and Deep: A Practical Handbook for Mastering Jhana and Vipassana Language: English Category: Theravada

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